

1-CYCLING

1. In the city of La Coruña, the city council has promoted the bicycle lane to connect the city center and the neighborhoods, in order to make the use of this vehicle something safe.

2-In the same city, the town hall, with the aim of promoting environmental policies in transport, allows you to rent bikes through a very cheap card, you pick it up at a point and leave it at the point closest to your destination.

3-In the areas bordering our town hall, bicycle route areas have been established, which allow access from one town to another, with total comfort and respecting the land that has been prepared for these routes, without damaging the environment.

2-Rowing

In Spain, projects related to the environment and rowing are being carried out, with environmental policies such as:

1- The reopening of the navigable section of the Manzanares River, in order to bring rowing closer to the population of Madrid and show that the practice of this sport and the conservation of the environment are not mutually exclusive.

2-The International Rowing Federation (FISA) and the Spanish Rowing Federation (FER) actively collaborate with entities such as the World Wildlife Foundation (WWF) to protect rivers and access to water: "From the FER we will always collaborate with all those environmental entities that require it in order to combine the conservation of the environment and sport".

3-Another positive environmental policy with rowing is that several communities are using rowing to clean their rivers and thus be able to contribute to good environmental health for navigation.

3-Trail

The bordering areas of Coruña, elaborated a guide of environmental policies for the development of careers, among which we highlight:

1-Limit the number of participants in the races, in relation to the natural space that is going to be invaded, while limiting the use of motorized or other vehicles that are not necessarily necessary or that cannot be supplied.

2-Avoid placing the finish line or the start of a race, both in the natural environment and in the city, in sensitive areas where crowds are prohibited or noise pollution is encouraged.

3-Post-race cleaning projects are promoted, which seek to regenerate the land and return it to its natural state.