

1- CYCLING

1. In Bratislava, the municipality presented a plan for the development of cycle paths as part of support. The plan is to build 25 km of cycling road and ensure a secure infrastructure. The key is to have smaller major roads that connect the suburbs to the center. So far instead of 25 kilometers (as planned till 2022), they built 13 kilometers of new cycle paths or lanes.
2. Ministry of Transport, Construction and Regional Development of the Slovak Republic is trying to change Bratislava until 2030 to become a metropolis with a sustainable mode of mobility, where 70 percent of journeys will be made by environmentally friendly means of transport (public passenger transport, bicycle, walking) and 30 percent will continue to fall on individual car transport.
3. The same ministry will support 25 projects, from the renewal plan, thanks to which 80 kilometers of new or reconstructed bicycle paths will be added to Slovakia. In total, the ministry should spend 30 million euros on projects.

2. ROWING

1. Sustainable use of water resources: Rowing clubs and associations try to promote sustainable use of water resources through initiatives such as minimizing bank erosion, protecting plants and animals near water, and promoting environmentally friendly activities on rivers and lakes.
2. The Slovak olympic team has committed to further modify its internal processes and build a systematic approach to sustainability. They have started EKO45' – interactive education for schools. In March 2022 they organized and ECO-Olympics and they are cooperating with civic association Planet Lover. They offer examples and guidance on how sports organizations can approach the organization of sustainable sports events. They provide examples of good practice which can be an inspiration for the development of sports infrastructure in our country.
3. Eco-friendly rowing events: Eco-friendly rowing events are held all over to promote conservation of waters and coastal areas. These events often include water waste collection, surface cleaning and environmental awareness raising activities.

3. TRAIL

1. Municipalities and cities, together with the organizers of sports events, want to take ecologically oriented measures during the events. This includes recycling stations, minimizing the use of single-use plastic products, using renewable energy sources and focusing on environmental awareness and education of participants.
2. The town Brezno incorporated environmental steps into the trail competitions which they organize through the year. They removed gift bags full of sponsorship items and flyers from sponsors, they do not give bottled water to the runners anymore, but

change for the reusable cups with tap water. And the medal is hand made out of wood. They want to be Less Waste Run.

We have found that within the framework of sports events focused on running or cycling, private organizations or non-governmental organizations are more likely to try to reduce their impact or improve the ecological aspect.

Resources:

<https://zivemesto.sk/vallo-slubuje-aj-to-co-pred-troma-rokmi/>

<https://bratislavskykraj.sk/wp-content/uploads/2022/08/17-bratislava-smart-region-final.pdf>

<https://www.planobnovy.sk/aktuality/vystavba-novych-cyklotras-sa-moze-zacat-ministerstvo-dopravy-vyhodnotilo-prvu-cyklovyzvu/>

<https://www.olympic.sk/udrzatelny-sport>

<https://www.facebook.com/vodackecentrum/posts/980073855379156/>

https://www.facebook.com/profile/100064354104935/search/?q=%C5%BEivotn%C3%A9%20prostredie&locale=sk_SK